

PLANNING D'OCCUPATION SALLE EUGENIE DUBOIS 2022 / 2023

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI
9 H 00	<b>MENAGE</b> 9 h 00 - 11 h 30	<b>YOGA</b> Mr IBORRA (Les Indestructibles) 9 h - 9 h 45		<b>GYM TONIC</b> Mr IBORRA 9 h 00 - 10 h 00	<b>MENAGE</b> 9 h 00 - 11 h 30
9 H 15					
9 H 30					
9 H 45					
10 H 00					
10 H 15					
10 H 30					
10 H 45					
11 H 00					
11 H 15					
11 H 30					
11 H 45					
12 H 00					
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13 H 30	<b>PILATES</b> Mme SABATIER 12 h 45 - 13 h 45				
13 H 45					
14 H 00					
14 H 15					
14 H 30					
14 H 45				<b>PEINTRES DU JEUDI</b> Mme VAN EECKHAUTE 14 h - 17 h	
15 H 00					
15 H 15					
15 H 30					
15 H 45					
16 H 00	<b>GYM DOUCE</b> Mme DARMON 15 h 30 - 16 h 30				
16 H 15					
16 H 30					
16 H 45					
17 H 00					
17 H 15					
17 H 30					
17 H 45					
18 H 00		<b>YOGA</b> Mme BASTIDE 17 h 30 - 20 h 30			<b>OPEN MUSICAL</b> Mr MAZAURIC 1er vendredi du mois 16 h - 23 h
18 H 15					
18 H 30					
18 H 45					
19 H 00					
19 H 15					
19 H 30					
19 H 45					
20 H 00					
20 H 15					
20 H 30			<b>PEINTURE</b> Mr PALLARES 18 h 00 - 22 h 00		
20 H 45					
21 H 00					
21 H 15					
21 H 30					
21 H 45		<b>FANFARE</b> Mr HANNIN 20 h 45 - 23 h 00 1 semaine / 2			
22 H 00					
22 H 15					
22 H 30					
22 H 45					
23 H 00					